

Waste Management



From Energy Cycle



- ↑ Ammonia (Waste)
- ↑ Brain Fog
- ↑ Headaches
- ↑ Blood vessel plaque
- ↑ Blood pressure
- ↑ Heart Disease
- ↑ Blood clots
- ↑ Strokes
- ↓ Nitric Oxide (protects heart/vessels)

Back to Energy Cycle

Activation of the Brain's Immune System
(Microglia)

Brain & Nerve Cell Damage & Death

Toxic Waste Clean-up vs. Nitric Oxide & Free Radicals "Bad Guys"

Free Radicals act as criminals, which beat up your cells, steal their "positive" energy & leave them for dead

